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*Certified Case Manager (CCM)*



**Question: 489**

Which of the following is an example of a care transition intervention?

- A. Medication reconciliation
- B. Physical therapy
- C. Diagnostic imaging
- D. Laboratory testing

Answer: A

Explanation: Medication reconciliation is an example of a care transition intervention. Care transition interventions aim to ensure safe and seamless transitions of care for patients as they move between different healthcare settings or levels of care. Medication reconciliation involves reviewing and comparing a patient's medication regimen across transitions of care to identify and resolve discrepancies, reduce medication errors, and promote medication safety. It helps ensure that patients receive the correct medications at the appropriate dosages during care transitions.

**Question: 490**

When developing a care plan for a client, a case manager should prioritize:

- A. Implementing the most cost-effective interventions
- B. Following the preferences of the healthcare provider
- C. Incorporating the client's goals and preferences
- D. Minimizing the length of the treatment plan

Answer: C

Explanation: When developing a care plan, a case manager should prioritize incorporating the client's goals and preferences. A client-centered approach ensures that the care plan aligns with the client's values, preferences, and desired outcomes. While cost-effectiveness and collaboration with healthcare providers are important considerations, they should not take precedence over the client's goals and preferences.

**Question: 491**

Which of the following is an example of a social determinant of health that can impact case management?

- A. Education level
- B. Genetic predisposition
- C. Access to healthcare facilities
- D. Individual lifestyle choices

Answer: A

Explanation: Education level. Social determinants of health are conditions and factors in the social and physical environment that influence an individual's health outcomes. Education level is one such determinant that can significantly impact case management. A higher level of education is associated with better health literacy, increased awareness of available resources, and improved decision-making skills, all of which can positively influence a client's engagement in their own care. Genetic predisposition (B) refers to an individual's inherent susceptibility to certain health conditions. Access to healthcare facilities (C) is another social determinant that can affect case management, as it determines the availability and proximity of healthcare services. Individual lifestyle choices (D) also play a role in health outcomes but are not classified as social determinants of health.

**Question: 492**

The process of identifying and addressing potential barriers to the client's care is known as:

- A. Referral
- B. Documentation
- C. Risk assessment
- D. Quality assurance

Answer: C

Explanation: The process of identifying and addressing potential barriers to the client's care is known as risk assessment. Case managers conduct risk assessments to identify factors that may hinder the client's access to care or impede their progress. By recognizing these barriers, case managers can develop strategies to overcome them and ensure the client's needs are met effectively.

**Question: 493**

Which of the following ethical principles guides the practice of case management?

- A. Autonomy
- B. Beneficence
- C. Non-maleficence
- D. Justice

Answer: A

Explanation: The ethical principle of autonomy guides the practice of case

management. Autonomy refers to respecting and promoting the independence and self-determination of individuals. Case managers should support clients' rights to make informed decisions about their care and ensure that their preferences and choices are respected throughout the case management process.

**Question: 494**

Which of the following is an important ethical principle for case managers to uphold?

- A. Autonomy
- B. Paternalism
- C. Exclusivity
- D. Indifference

Answer: A

Explanation: Autonomy is an important ethical principle for case managers to uphold. Autonomy refers to respecting the individual's rights, choices, and self-determination. Case managers should support and empower clients to make informed decisions about their care, while also considering the client's capacity, preferences, and values. Paternalism, on the other hand, involves making decisions on behalf of the client without their involvement, which is not aligned with the principle of autonomy. Exclusivity and indifference are not ethical principles relevant to case management.

**Question: 495**

Which of the following is an example of a primary prevention strategy?

- A. Early detection screenings



- B. Rehabilitation programs
- C. Medication adherence counseling
- D. Health education campaigns

Answer: D

Explanation: Primary prevention strategies aim to prevent the onset of a disease or health condition before it occurs. Health education campaigns, which provide information and promote healthy behaviors, are an example of primary prevention. Options A, B, and C refer to secondary or tertiary prevention strategies that focus on early detection, rehabilitation, and managing existing conditions.

**Question: 496**

Advocacy:

- A. Is not a role of the case manager
- B. Is limited to legal advocacy
- C. Involves representing and supporting the client's rights and interests
- D. Is solely the responsibility of the client's family members

Answer: C

Explanation: Advocacy is an important role of the case manager. Case managers act as advocates for their clients, representing and supporting their rights and interests. They help clients navigate the healthcare system, access necessary resources, and ensure that their voice is heard in decision-making processes.

**Question: 497**

When using predictive modeling to forecast the risk of hospitalization for a

client with a chronic illness, the case manager should begin with:

- A. the client's medical records
- B. a client interview
- C. client observation
- D. hospitalization histories for clients with similar illness

Answer: A

Explanation: The case manager should begin with the client's medical records when using predictive modeling to forecast the risk of hospitalization for a client with a chronic illness. Medical records provide valuable information about the client's medical history, including past diagnoses, treatments, and hospitalizations. Analyzing this data can help identify patterns and risk factors that contribute to hospitalization risk.

### Question: 498

Documentation:

- A. Is not necessary in case management practice
- B. Should focus solely on medical information
- C. Is primarily the responsibility of the healthcare provider
- D. Is essential for communication and continuity of care

Answer: D

Explanation: Documentation is essential in case management practice for effective communication and continuity of care. Case managers should maintain accurate and comprehensive records that capture relevant information, interventions, and outcomes to facilitate collaboration among healthcare providers and ensure quality care delivery.

**Question: 499**

In the case management process, what is the primary purpose of goal setting?

- A. To establish a timeline for case closure
- B. To develop a billing schedule for services provided
- C. To identify interventions and actions to achieve desired outcomes
- D. To assign responsibilities to the client's family members or caregivers

Answer: C

Explanation: The primary purpose of goal setting in the case management process is to identify interventions and actions that will help achieve desired outcomes. Goals provide a roadmap for the case manager and the client, outlining the specific steps and targets to be accomplished. By setting clear goals, the case manager can track progress, evaluate the effectiveness of interventions, and make necessary adjustments.

**Question: 500**

A case manager is working with a patient who requires long-term rehabilitation services following a stroke. Which of the following settings would be most appropriate for the patient's needs?

- A. Skilled nursing facility
- B. Acute care hospital
- C. Assisted living facility
- D. Outpatient rehabilitation center

Answer: D

Explanation: Outpatient rehabilitation center. Following a stroke, a patient may require ongoing rehabilitation services to regain functional abilities. Outpatient



rehabilitation centers are designed to provide comprehensive rehabilitation services while allowing patients to reside in their own homes or community settings. These centers offer a range of therapies, such as physical therapy, occupational therapy, and speech therapy, to support the patient's recovery and maximize their independence. This setting is often preferred when the patient's condition is stable and they can actively participate in their rehabilitation program.

**Question: 501**

Which of the following is an essential component of effective case management documentation?

- A. Using complex medical terminology to ensure accuracy.
- B. Including personal opinions and subjective observations.
- C. Recording objective and factual information.
- D. Documenting only the positive aspects of the patient's progress.

Answer: C

Explanation: An essential component of effective case management documentation is recording objective and factual information. Documentation should be accurate, concise, and free from personal biases or opinions. Objective documentation helps to ensure clear communication among the healthcare team and supports continuity of care.

**Question: 502**

In which setting would a case manager most likely work with clients?

- A. Elementary school
- B. Corporate office
- C. Rehabilitation center

D. Retail store

Answer: C

Explanation: A rehabilitation center is a setting where case managers commonly work with clients who require comprehensive rehabilitation services. Case managers collaborate with healthcare providers, therapists, and other professionals to coordinate care and support clients in their recovery process.

**Question: 503**

Which of the following is a primary goal of integrated case management?

- A. Case managers focus on one discipline.
- B. A team of case managers address all of a client's needs.
- C. One primary case manager addresses all of a client's needs.
- D. Cost containment.

Answer: C

Explanation: Integrated case management aims to provide comprehensive and coordinated care by having one primary case manager address all of a client's needs. This approach ensures continuity of care, enhances communication among healthcare providers, and promotes a holistic approach to managing a client's healthcare journey.



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