

# FABULOUS ITALIAN RECIPES INDEX

---

## A

### Almonds

- Almond Cassata, 60
- Almond Cookies, 62
- Almond Strawberry Zabaglione, 64
- in Biscuit Tortoni, 64
- in Stuffed Pasta Shells, 21

### Amaretti, 62

### Anchovies

- in Asparagus Vinaigrette, 49
- in Calamari Sauce for Pasta, 26
- in Italian Pasta Pot, 7
- Spaghetti with Anchovy Sauce, 20

### Angostura aromatic bitters, in Chicken

- Parmigiana, 37

### Antipasto Toss, 6

### Appetizers. *See* Hors d'oeuvres

### Arrosto di Agnello con Patate, 41

### Artichokes

- Artichoke Hearts with Garlic & Parsley, 49
- Artichokes Genovese, 48
- Artichokes Italian, 5
- Artichoke Soup, 10
- Artichokes with Vino-Mushroom Sauce, 48
- basic cooking directions for, 48
- in Calzoni, 59
- Marinated Artichoke Hearts & Mushrooms, 6
- Pickled Artichokes, 6

### Asparagus, Italian Eggs &, 32

### Asparagus Vinaigrette, 49

## B

### Bacon

- in Fettuccine Carbonara, 15
- in Minestrone, 10
- in Mushrooms with Tomatoes, Italien, 53
- in Palermo Salad, 54
- in Red Sea Clam Chowder, 7

### Baked Chicken Italiano, 39

### Baked Manicotti, 20

### Basic Tomato Sauce, 29

### Beans

- cannellini, in Bean Salad Romano, 54
- green, in Roman Garden Salad, 57
- See also* Chick peas

## Beef

- in Antipasto Toss, 6
- in Fenella's Osso Buco, 45
- ground, in Bolognese Meat Sauce, 28
- ground, in Layered Italian Casserole, 31
- ground, in Meatballs in Meat Sauce, 42
- ground, in Meatballs in Soup, 8
- ground, in Spaghetti Meat Sauce I, 27
- ground, in Spaghetti Meat Sauce II, 27
- Italian Beef Cubes, 40
- round steak, in Involtini di Bistecche, 40
- round steak, Italian Round Steak Roulade, 41
- See also* Salami

### Biscuit Tortoni, 64

### Blueberry Tortoni, Demitasse, 61

### Bolognese Meat Sauce, 28

### Breads, 58–59

#### Calzoni, 59

#### Pizza, 58

#### Tony's Focaccia (Italian Snack), 59

### Broccoli

#### Broccoli Saute, 50

#### Macaroni with Broccoli, Calabrian Style, 16

#### in Pasta in Vegetable Tomato Sauce, 17

#### in Pasta Primavera, 22

#### Sautéed Broccoli with Garlic, 50

### Broiled Chicken Calabrese, 38

## C

### Cabbage, in Minestrone, 10

### Cake

#### Classic Italian Cheesecake, 61

#### pound, in Almond Cassata, 60

#### pound, in Cassata, 60

### Calamari Sauce for Pasta, 26

### Calves Liver, Venetian Style, 43

### Calzoni, 59

### Candied fruit

#### in Almond Cassata, 60

#### in Cassata, 60

### Cannellini beans, in Bean Salad Romano, 54

### Cannelloni, 12

### Capers

#### in Stuffed Eggplant Sicilian, 51

#### in Veal Scaloppine in Tomato Sauce, 46

# FABULOUS ITALIAN RECIPES INDEX

---

## Carrots

- in Artichokes Italian, 5
- in Bolognese Meat Sauce, 28
- in Pasta Primavera, 22
- in Spaghetti Meat Sauce II, 27
- in Sun-Dried Italian Tomato Paste, 28

## Cassata, 60

### Cassata, Almond, 60

## Casseroles, 30–31

- Eggplant Parmesan, 30
- Layered Italian Casserole, 31
- Maccheroni all 'Italiana (Macaroni, Italian Style), 30
- Parmigiana di Zucchini e Formaggio (Zucchini & Cheese Casserole), 31

## Castagne, 62

## Cauliflower

- in Artichokes Italian, 5
- in Roman Garden Salad, 57

## Celery

- in Fenella's Osso Buco, 45
- in Italian-Style Stuffed Duckling, 37
- in Spaghetti Meat Sauce II, 27
- in Sun-Dried Italian Tomato Paste, 28

## Cheese

- as an hors d'oeuvre, 5
- Zucchini & Cheese Casserole, 31
- See also* Eggs and Cheese

## Cheesecake, Classic Italian, 61

## Chestnuts with Whipped Cream, 62

## Chicken

- Baked Chicken Italiano, 39
- Broiled Chicken Calabrese, 38
- Chicken Italiano, 39
- Chicken Parmigiana, 37
- Chicken Saltimbocca, 36
- Hunter-Style Chicken, 36
- in Manicotti, 19
- in Pollo alla Cacciatore, 39

## Chick peas

- in Italian Pasta Pot, 7
- in Italian Salad, 56

## Chocolate

- in Almond Cassata, 60
- in Cassata, 60

## Clams

- Clam Pantry Pasta, 13
- in Red Sea Clam Chowder, 7
- Spaghetti & Clam Sauce, 22
- Zuppa di Clams, 8

## Classic Italian Cheesecake, 61

## Conches, in Italian Seafood Salad, 55

## Cookies, Almond, 62

## Cornish Hens al Barolo, Roasted, 38

## Cornmeal, in Polenta, 11

## Crab Manicotti, 13

## Cream of wheat cereal, in Gnocchi, 11

## Custards

- Almond Strawberry Zabaglione, 64
- Zabaglione, 63

## D

## Dandelions

- Dandelion Salad in Cream, 57
- Fried Spiced Dandelion Leaves, 50
- in Palermo Salad, 54

## Demitasse Blueberry Tortoni, 61

## Desserts, 60–64

- Almond Cassata, 60
- Amaretti (Almond Cookies), 62
- Almond Strawberry Zabaglione, 64
- Biscuit Tortoni, 64
- Cassata, 60
- Castagne (Chestnuts with Whipped Cream), 62
- Classic Italian Cheesecake, 61
- Demitasse Blueberry Tortoni, 61
- Granita di Limone (Lemon Ice), 63
- Marsala Poached Pears, 63
- Zabaglione, 63

## Ditalini, in Minestrone, 10

## Dressing, Pesto, 54

## Dressing, Vinaigrette, 49

## Duckling, Italian-Style Stuffed, 37

## Dumplings, Gnocchi, 11

## E

## Eggplant

- Eggplant Parmesan, 30
- Eggplant Parmigiana, 51
- in Frito Misto, 52

# FABULOUS ITALIAN RECIPES INDEX

---

## Eggplant (*continued*)

- in Ratatouilli, Italian Style, 52
  - Stuffed Eggplant Sicilian, 51
- Eggs & Asparagus, Italian, 32
- Eggs and Cheese, 32–33
- Italian Eggs & Asparagus, 32
  - Mama's Spinach Ricotta Roll, 33
  - Mozzarella en Carrozza (Fried Mozzarella Sandwich), 32

## F

- Fenella Pearson's Insalata alla Capri, 56
- Fenella's Carciofini all'Aglio e Prezzemolo, 49
- Fenella's Osso Buco, 45

## Fettuccine

- Fettuccine Carbonara, 15
- green, Fettuccine Elegante, 14
- Green & Yellow Fettuccine with Scallops & Zucchini, 15
- Homemade Fettuccine, 14

## Fish, 34–35

- Fish Soup, 7
- Sea Bass Sicilian, 34
- Shrimp Cacciatora, 35
- Shrimp Scampi, 34
- in Sicilian Fish Soup, 9
- Tagliarini al Tonno (Tagliarini & Tuna), 35
- See also* Anchovies; Shellfish; Tuna

## Focaccia, Tony's, 59

## Fowl, 36–39

- Baked Chicken Italiano, 39
- Broiled Chicken Calabrese, 38
- Chicken Italiano, 39
- Chicken Parmigiana, 37
- Chicken Saltimbocca, 36
- Italian-Style Stuffed Duckling, 37
- Manicotti, 19
- Pollo alla Cacciatore, 39
- Pollo alla Cacciatore (Hunter-Style Chicken), 36
- Roasted Cornish Hens al Barolo, 38

## Fresh Tomato Sauce, 26

## Fried Mozzarella Sandwich, 32

## Fried Spiced Dandelion Leaves, 50

## Frito Misto, 52

## Fruit

- Almond Strawberry Zabaglione, 64
  - Demitasse Blueberry Tortoni, 61
  - Marsala Poached Pears, 63
  - melon, as an hors d'oeuvre, 5
- Fruit, candied
- in Almond Cassata, 60
  - in Cassata, 60

## G

- Garlic Oil Sauce, 25
- Gnocchi, 11
- Granita di Limone, 63
- Green beans, in Roman Garden Salad, 57

## H

### Ham

- boiled, in Cannelloni, 12
  - boiled, in Chicken Saltimbocca, 36
  - in Fettuccine Elegante, 14
  - smoked, in Bolognese Meat Sauce, 28
  - smoked, in Macaroni, Italian Style, 30
  - See also* Prosciutto
- Homemade Fettuccine, 14
- Hors d'oeuvres, 5–6
- Antipasto Toss, 6
  - Artichokes Italian, 5
  - cheese with olives, 5
  - Marinated Artichoke Hearts & Mushrooms, 6
  - meats and sausages, cold, 5
  - Pickled Artichokes, 6
  - prosciutto with melon, 5
- Hunter-Style Chicken, 36

## I

- Ice, Lemon, 63
- Insalata Con Crema, 57
- Insalata Italiana, 56
- Insalata Palermo, 54
- Involtini di Bistecche, 40
- Italian Beef Cubes, 40
- Italian Eggs & Asparagus, 32
- Italian Pasta Pot, 7
- Italian Round Steak Roulade, 41
- Italian Salad, 56

# FABULOUS ITALIAN RECIPES INDEX

---

Italian sausage  
  in Artichokes Genovese, 48  
  in Basic Tomato Sauce, 29  
  in Italian Stuffed Tomatoes, 53  
Italian Seafood Salad, 55  
Italian Snack, 59  
Italian Stuffed Tomatoes, 53  
Italian-Style Stuffed Duckling, 37

## K

Kidney beans, white, in Bean Salad Romano, 54

## L

Lamb, Roast Spring, with Potatoes, 41  
Lasagna, Meatless, 17  
Lasagna, Spinach, 16  
Layered Italian Casserole, 31  
Le Foglie Tenere con Spezie, 50  
Lemon Ice, 63  
Lemon Veal Scallops, 44  
Lettuce  
  in Antipasto Toss, 6  
  iceberg, in Bean Salad Romano, 54  
  with Tomato Onion Salad, 55  
Linguini con Cozze, 18  
Linguini with Parsley Pesto Sauce, 18  
Liver, Calves, Venetian Style, 43

## M

Macaroni  
  in Clam Pantry Pasta, 13  
  in Italian Pasta Pot, 7  
  Macaroni, Italian Style, 30  
  Macaroni with Broccoli, Calabrian Style, 16  
  in Minestrone, 10  
  in Red Sea Clam Chowder, 7  
Macarons, in Demitasse Blueberry Tortoni, 61  
Maccheroni all 'Italiana, 30  
Mama's Spinach Ricotta Roll, 33  
Manicotti  
  Baked Manicotti, 20  
  Crab Manicotti, 13  
  Manicotti, 19  
Marinated Artichoke Hearts & Mushrooms, 6  
Mario's Insalata di Mare, 55  
Marsala Poached Pears, 63

Meatballs in Meat Sauce, 42  
Meatballs in Soup, 8  
Meatless Lasagna, 17  
Meats, 40–47  
  Arrosto di Agnello con Patate (Roast Spring  
    Lamb with Potatoes), 41  
  Calves Liver, Venetian Style, 43  
  cold, as hors d'oeuvres, 5  
  Fenella's Osso Buco, 45  
  Involtini di Bistecche, 40  
  Italian Beef Cubes, 40  
  Italian Round Steak Roulade, 41  
  Polpette al Sugo (Meatballs in Meat Sauce), 42  
  Pork Chops Genovese, 42  
  Saltimbocca Milano, 45  
  Scaloppine al Limone (Lemon Veal Scallops),  
    44  
  Scaloppine di Vitello al Pomodoro (Veal  
    Scaloppine in Tomato Sauce), 46  
  Spezzatino di Vitello alla Salvia (Veal Stew  
    with Sage), 47  
  Tripe a la Trieste, 43  
  Veal Chops Mediterranean, 47  
  Vitella con Pepperoni (Veal & Peppers), 46  
  Vitella con Riso (Veal & Rice), 44  
  *See also* Beef; Ham; Pork; Prosciutto; Salami;  
    Sausage

Melon, as an hors d'oeuvre, 5

Minestrone, 10

Mozzarella en Carrozza, 32

Mushrooms

  Marinated Artichoke Hearts & Mushrooms, 6

  Mushrooms with Tomatoes, Italien, 53

  Mushroom Zucchini Risotto, 23

Mussels

  in Italian Seafood Salad, 55

  in Linguini con Cozze, 18

## N

Noodles

  egg, Noodles Alfredo, 21

  flat, in Pasta con Pesto, 25

  green, in Clam Pantry Pasta, 13

  green, in Green & Yellow Fettuccine with  
    Scallops & Zucchini, 15

  green, with Veal Stew with Sage, 47

# FABULOUS ITALIAN RECIPES INDEX

---

## Noodles (*continued*)

green spinach, in Pasta in Vegetable Tomato Sauce, 17

with Hunter-Style Chicken, 36

*See also entries for* Cannelloni; Ditalini; Fettuccine; Lasagna; Linguini; Macaroni; Manicotti; Pasta; Spaghetti; Tagliarini; Vermicelli

Nuts. *See* Almonds; Pine nuts

## O

Olives, as hors d'oeuvres, 5

## P

Palermo Salad, 54

Pallottoline in Brodo, 8

Parmigiana di Zucchini e Formaggio, 31

Parsley Pesto Sauce, Linguini with, 18

## Pasta

Calamari Sauce for Pasta, 26

Clam Pantry Pasta, 13

Italian Pasta Pot, 7

Pasta con Pesto, 25

Pasta in Vegetable Tomato Sauce, 17

Pasta Primavera, 22

Pesto Sauce for Pasta, 29

Stuffed Pasta Shells, 21

*See also entries for* Cannelloni; Ditalini; Fettuccine; Lasagna; Linguini; Macaroni; Manicotti; Noodles; Spaghetti; Tagliarini; Vermicelli

Pears, Marsala Poached, 63

Peas, in Artichokes Genovese, 48

Peppers, Veal &, 46

## Pesto

Linguini with Parsley Pesto Sauce, 18

Pasta con Pesto, 25

Pesto Dressing, 54

Pesto Sauce for Pasta, 29

Pickled Artichokes, 6

## Pine nuts

in Biscuit Tortoni, 64

in Linguini with Parsley Pesto Sauce, 18

in Pesto Sauce for Pasta, 29

Pizza, 58

Pizza Sauce, 58

Polenta, 11

Pollo alla Cacciatore, 36, 39

Pollo alla Dante, 19

Polpette al Sugo, 42

Porgy shells, in Sicilian Fish Soup, 9

## Pork

ground, in Meatballs in Meat Sauce, 42

Pork Chops Genovese, 42

salt, in Calamari Sauce for Pasta, 26

salt, in Meatballs in Meat Sauce, 42

*See also* Bacon

## Pork sausage

in Italian Round Steak Roulade, 41

in Italian-Style Stuffed Duckling, 37

in Veal & Rice, 44

*See also* Salami

## Potatoes

in Artichoke Soup, 10

in Italian Salad, 56

Roast Spring Lamb with Potatoes, 41

Poultry. *See* Fowl

## Pound cake

in Almond Cassata, 60

in Cassata, 60

## Prosciutto

in Calzoni, 59

in Cannelloni, 12

in Chicken Saltimbocca, 36

in Fettuccine Carbonara, 15

as an hors d'oeuvre, 5

in Saltimbocca Milano, 45

## R

Ragu Bolognese, 28

Ratatouilli, Italian Style, 52

Red Sea Clam Chowder, 7

Red snapper, in Sicilian Fish Soup, 9

## Rice

in Artichokes Genovese, 48

with Chicken Italiano, 39

in Mushroom Zucchini Risotto, 23

Rice Italianate, 24

Risotto, 24

in Risotto Portofino, 23

Savory Risotto, 24

with Shrimp Cacciatora, 35

## FABULOUS ITALIAN RECIPES INDEX

---

### Rice (*continued*)

- in Shrimp Scampi, 34
- Veal & Rice, 44
- Ricotta Roll, Mama's Spinach, 33
- Risotto, 24
- Risotto Portofino, 23
- Roasted Cornish Hens al Barolo, 38
- Roast Spring Lamb with Potatoes, 41
- Roman Garden Salad, 57
- Round steak
  - in Involtini di Bistecche, 40
  - Italian Round Steak Roulade, 41
- Rust Sauce, 9

### S

- Salade Capri, 56
- Salads, 54–57
  - Bean Salad Romano, 54
  - Fenella Pearson's Insalata alla Capri (Salade Capri), 56
  - Insalata Con Crema (Dandelion Salad in Cream), 57
  - Insalata Italiana (Italian Salad), 56
  - Insalata Palermo (Palermo Salad), 54
  - Mario's Insalata di Mare (Italian Seafood Salad), 55
  - Roman Garden Salad, 57
  - Tomato Onion Salad, 55
- Salami
  - in Antipasto Toss, 6
  - in Artichokes Italian, 5
  - in Cannelloni, 12
  - in Involtini di Bistecche, 40
  - in Italian Salad, 56
- Salsa di Pomodori, 29
- Salsa Vinaigrette, 49
- Saltimbocca Milano, 45
- Salt pork
  - in Calamari Sauce for Pasta, 26
  - in Meatballs in Meat Sauce, 42
- Sauces, 25–29
  - Calamari Sauce for Pasta, 26
  - Fresh Tomato Sauce, 26
  - Garlic Oil Sauce, 25
  - Linguini with Parsley Pesto Sauce, 18
  - Pasta con Pesto, 25

### Sauces (*continued*)

- Pasta Genovese (Pesto Sauce for Pasta), 29
- Pasta in Vegetable Tomato Sauce, 17
- Pizza Sauce, 58
- Ragu Bolognese (Bolognese Meat Sauce), 28
- Rust Sauce, 9
- Salsa di Pomodori (Basic Tomato Sauce), 29
- Spaghetti & Clam Sauce, 22
- Spaghetti Meat Sauce I, 27
- Spaghetti Meat Sauce II, 27
- Spaghetti with Anchovy Sauce, 20
- Sun-Dried Italian Tomato Paste, 28
- Veal Scaloppine in Tomato Sauce, 46
- Sausage
  - in Calzoni, 59
  - as an hors d'oeuvres, 5
  - Italian, in Artichokes Genovese, 48
  - Italian, in Basic Tomato Sauce, 29
  - Italian, in Italian Stuffed Tomatoes, 53
  - pork, in Italian Round Steak Roulade, 41
  - pork, in Italian-Style Stuffed Duckling, 37
  - pork, in Veal & Rice, 44
  - See also* Salami
- Sautéed Broccoli with Garlic, 50
- Savory Risotto, 24
- Scallops
  - Green & Yellow Fettuccine with Scallops & Zucchini, 15
  - in Sicilian Fish Soup, 9
- Scaloppine al Limone, 44
- Scaloppine di Vitello al Pomodoro, 46
- Sea bass
  - Sea Bass Sicilian, 34
  - in Sicilian Fish Soup, 9
- Seafood Salad, Italian, 55
- Sea snails, in Italian Seafood Salad, 55
- Shellfish
  - Crab Manicotti, 13
  - in Italian Seafood Salad, 55
  - See also* Clams; Mussels; Scallops; Shrimp; Squid
- Shrimp
  - in Risotto Portofino, 23
  - Shrimp Cacciatora, 35
  - Shrimp Scampi, 34
  - in Sicilian Fish Soup, 9

## FABULOUS ITALIAN RECIPES INDEX

---

- Sicilian Fish Soup, 9
  - Snails, sea, in Italian Seafood Salad, 55
  - Soups, 7–10
    - Italian Pasta Pot, 7
    - Minestrone, 10
    - Pallottoline in Brodo (Meatballs in Soup), 8
    - Red Sea Clam Chowder, 7
    - Zuppa di Carciofi (Artichoke Soup), 10
    - Zuppa di Clams, 8
    - Zuppa di Pesce (Fish Soup), 7
    - Zuppa di Pesce Alla Siciliana (Sicilian Fish Soup), 9
  - Spaghetti
    - with Hunter-Style Chicken, 36
    - with Italian Beef Cubes, 40
    - in Layered Italian Casserole, 31
    - in Linguini with Parsley Pesto Sauce, 18
    - in Pasta con Pesto, 25
    - in Pasta Primavera, 22
    - Spaghetti & Clam Sauce, 22
    - Spaghetti with Anchovy Sauce, 20
    - in Tagliarini & Tuna, 35
  - Spaghetti, Rice & Noodles, 11–24
    - Baked Manicotti, 20
    - Cannelloni, 12
    - Clam Pantry Pasta, 13
    - Crab Manicotti, 13
    - Fettuccine Carbonara, 15
    - Fettuccine Elegante, 14
    - Gnocchi, 11
    - Green & Yellow Fettuccine with Scallops & Zucchini, 15
    - Homemade Fettuccine, 14
    - Lasagna Verdi (Spinach Lasagna), 16
    - Linguini con Cozze, 18
    - Linguini with Parsley Pesto Sauce, 18
    - Macaroni with Broccoli, Calabrian Style, 16
    - Meatless Lasagna, 17
    - Mushroom Zucchini Risotto, 23
    - Noodles Alfredo, 21
    - Pasta in Vegetable Tomato Sauce, 17
    - Pasta Primavera, 22
    - Polenta, 11
    - Pollo alla Dante (Manicotti), 19
    - Rice Italianate, 24
    - Risotto, 24
  - Spaghetti, Rice & Noodles (*continued*)
    - Risotto Portofino, 23
    - Savory Risotto, 24
    - Spaghetti & Clam Sauce, 22
    - Spaghetti with Anchovy Sauce, 20
    - Stuffed Pasta Shells, 21
    - See also* Noodles; Rice; Spaghetti
    - Spaghetti Meat Sauce I, 27
    - Spaghetti Meat Sauce II, 27
    - Spezzatino di Vitello alla Salvia, 47
  - Spinach
    - in Baked Manicotti, 20
    - in Italian Round Steak Roulade, 41
    - Mama's Spinach Ricotta Roll, 33
    - in Saltimbocca Milano, 45
    - Spinach Lasagna, 16
  - Spinach noodles, green, in Pasta in Vegetable Tomato Sauce, 17
  - Squash, yellow
    - in Frito Misto, 52
    - See also* Zucchini
  - Squid
    - in Calamari Sauce for Pasta, 26
    - in Italian Seafood Salad, 55
    - in Sicilian Fish Soup, 9
  - Steak, round
    - in Involtini di Bistecche, 40
    - Italian Round Steak Roulade, 41
  - Stew, Veal, with Sage, 47
  - Strawberry Zabaglione, Almond, 64
  - Stuffed Eggplant Sicilian, 51
  - Stuffed Pasta Shells, 21
  - Sun-Dried Italian Tomato Paste, 28
- T
- Tabasco sauce, in Rust Sauce, 9
  - Tagliarini & Tuna, 35
  - Tagliarini al Tonno, 35
  - Tomatoes
    - Italian Stuffed Tomatoes, 53
    - Mushrooms with Tomatoes, Italien, 53
    - Tomato Onion Salad, 55
  - Tomato Paste, Sun-Dried Italian, 28
  - Tomato Sauce
    - Basic Tomato Sauce, 29
    - Fresh Tomato Sauce, 26

## FABULOUS ITALIAN RECIPES INDEX

---

### Tomato Sauce (*continued*)

- Pasta in Vegetable Tomato Sauce, 17
  - Veal Scaloppine in Tomato Sauce, 46
- Tony's Focaccia, 59
- Tortoni, Biscuit, 64
- Tortoni, Blueberry Demitasse, 61
- Tripe a la Trieste, 43
- Tuna
- in Artichokes Italian, 5
  - in Eggplant Parmigiana, 51
  - in Italian Salad, 56
  - in Stuffed Pasta Shells, 21
- Tagliarini & Tuna, 35
- Turkey, in Manicotti, 19

### V

#### Veal

- in Fenella's Osso Buco, 45
- ground, in Involtini di Bistecche, 40
- Lemon Veal Scallops, 44
- Saltimbocca Milano, 45
- Veal & Peppers, 46
- Veal & Rice, 44
- Veal Chops Mediterranean, 47
- Veal Scaloppine in Tomato Sauce, 46
- Veal Stew with Sage, 47

#### Vegetables, 48–53

- Artichokes Genovese, 48
- Artichokes with Vino-Mushroom Sauce, 48
- Asparagi alla "Vinaigrette" (Asparagus Vinaigrette), 49
- Broccoli all'Aglio (Sautéed Broccoli with Garlic), 50
- Broccoli Saute, 50
- Eggplant Parmigiana, 51
- Fenella's Carciofini all'Aglio e Prezzemolo (Artichoke Hearts with Garlic & Parsley), 49
- Frito Misto, 52
- Italian Stuffed Tomatoes, 53
- Le Foglie Tenere con Spezie (Fried Spiced Dandelion Leaves), 50

### Vegetables (*continued*)

- Mushrooms with Tomatoes, Italian, 53
  - Ratatouilli, Italian Style, 52
  - Stuffed Eggplant Sicilian, 51
  - Vegetable Tomato Sauce, Pasta in, 17
- See also entries for* Artichokes; Asparagus; Beans; Broccoli; Cabbage; Carrots; Cauliflower; Celery; Chick peas; Eggplant; Peas; Potatoes; Spinach; Tomatoes; Zucchini
- Vermicelli, in Macaroni with Broccoli, Calabrian Style, 16
- Vinaigrette Dressing, 49
- Vitella con Pepperoni, 46
- Vitella con Riso, 44

### W

- Whipped Cream, Chestnuts with, 62
- Whitefish, in Fish Soup, 7
- White kidney beans, in Bean Salad Romano, 54
- Whiting, in Sicilian Fish Soup, 9

### Y

- Yellow squash, in Frito Misto, 52

### Z

- Zabaglione, 63
- Zabaglione, Almond Strawberry, 64
- Zucchini

  - in Frito Misto, 52
  - Green & Yellow Fettuccine with Scallops & Zucchini, 15
  - in Minestrone, 10
  - Mushroom Zucchini Risotto, 23
  - in Pasta Primavera, 22
  - in Ratatouilli, Italian Style, 52
  - in Roman Garden Salad, 57
  - Zucchini & Cheese Casserole, 31

- Zuppa di Carciofi, 10
- Zuppa di Clams, 8
- Zuppa di Pesce, 7
- Zuppa di Pesce Alla Siciliana, 9